

January 2024 **Glendale** Culinary Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	
	1 PROGRAM CLOSED! 	2 NO LUNCHES	3 NO LUNCHES	4 NO LUNCHES	5 NO LUNCHES	6
7	8 Breakfast for Lunch English Muffin, Egg, Cheese, Sausage served w/Home Fries & Fruit & Yogurt Parfait	9 Pita Pizza Pita crust, pizza sauce, pepperoni & Mozzarella cheese served w/ Veggie Sticks & Fresh Fruit	10 Soup & Salad Creamy loaded baked potato soup served w/ Caesar salad & Fresh fruit	11 Grilled Ham & Cheese Soft bread, ham, American cheese grilled & served w/ Pickle chips & Pudding Cup	12 BBQ Chicken Chicken Legs smothered in BBQ sauce served w/ green beans & a baked potato w/ butter, sour cream & green onions	13
14	15 PROGRAM CLOSED! 	16 Chicken Chimi Flour tortilla filled w/ seasoned chicken and cheese & baked till golden brown. Served w/ Rice & Beans, Salsa & Sour Cream	17 Soup & Salad Italian Lasagna Soup served w/ garlic bread & garden salad w/ ranch	18 Chicken Curry Creamy Chicken curry made with warm Indian spices served w/ mixed veggies over jasmine rice w/ a side of nan bread and fresh fruit.	19 Turkey Buddha Bowl Fresh baby spinach, seasoned turkey, Green & purple Cabbage, Garbanzo beans, sweet potato cubes, topped w/ slivered almonds & Cilantro Served w/ a creamy herbed vinaigrette. Served w/ Fruit salad & fortune cookie	20
21	22 California Turkey Club Toasted bread, sliced turkey, Bacon, lettuce, tomato & Avocado spread. Served w/ pretzels & Veggie sticks & Ranch	23 Jambalaya Zesty creole sauce made with lots of creole spices w/ sausage and peppers with jasmine rice. Served w/ coleslaw & Cheddar Biscuits	24 Soup & Salad Savory beef broth with tons of veggie's and tender pieces of seasoned beef. Served w/ goldfish crackers and fruit cups	25 Orange Chicken Breaded and baked chicken pieces smothered in a homemade orange glaze served over steamed rice w/ Stir Fry veggie's & a fortune cookie	26 Baked Spaghetti w/ Meatballs House made marinara sauce, spaghetti pasta, lots of mozzarella cheese & meatballs. Served w/ a side salad, Garlic Bread & Italian wedding cookie	27
28	29 Chicken Quesadilla Flour tortilla, shredded cheddar cheese, seasoned chicken. Served w/ chips & salsa & fresh fruit	30 Cheeseburgers Toasted bun, all seasoned beef patty, American cheese, lettuce, tomato, pickles & Special Sauce. Served w/ garlic Parm Potato wedges & Veggie sticks w/ Ranch	31 White Chicken Chili Tender roasted chicken, white beans, peppers, onions, green chili & corn. Served w/ cornbread and Jello cup w/ fruit			